



# School Mental Health Resource Training Center

## Back to School Resources for Educators

Get ready for the new school year with resources from the SMHRTCenter and Mental Health America  
Schedule free in-person and virtual trainings by visiting [mentalhealthEDnys.org](https://www.mentalhealthEDnys.org)



### Building Classroom Relationships and Culture



### Bullying Prevention Resources



### Creating Safe Spaces for Youth



### Creating a Trauma-Informed Classroom



### Online Behavior and Mental Health



## Youth Mental Health First Aid

### For Adults Who Regularly Interact with Young People

Youth Mental Health First Aid (YMHFA) is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. [Visit mentalhealthEDnys.org](https://www.mentalhealthEDnys.org) to sign up for free.



Visit [www.mentalhealthEDnys.org](https://www.mentalhealthEDnys.org) for free resources and trainings  
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