



Mental Health Association in Fulton & Montgomery Counties

MENTALHEALTHASSOCIATION.ORG

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Mission Statement: The Mental Health Association in Fulton & Montgomery Counties (MHAFM) is dedicated to being a progressive, collaborative organization that promotes wellness and recovery from mental illness and chemical dependency across the life span through high quality, effective programs, services, and education.

Vision: MHA will be the leading community resource for individuals with mental illness in the focus areas of residential, peer support, advocacy and education. The agency will offer community support to children and adults providing them with a safe, supportive foundation towards building independence and promoting recovery across all situations.

Programs and Services:

Community Education- provides educational and informational opportunities for youth and adults in community agencies, schools, and organizations to increase awareness and understanding of mental health. Presentations available include Mental Health and Wellness 101 and Adult/Youth Mental Health First Aid. Additional presentations are available as well.

Information and Referral- provides residents of Fulton & Montgomery Counties assistance with identifying services within the community. In addition, Information and Referral services participates in tabling events and wellness days throughout the community and in schools.

Family Support Services- social and educational opportunities for families who have a member(s) living with mental illness.

Compeer Program & Compeer for Youth: trained volunteers matched with individuals with mental illness to provide friendship and support.

Behavioral Health After-School Program- Available to youth ages 5-15 with mental health, emotional or behavioral health challenges.

LGBTQ Resource Center: a safe and supportive environment for Lesbian, Gay, Bisexual, Transgender and Questioning individuals, as well as their family & friends, to obtain information, education and service referrals in Fulton & Montgomery Counties as well as the Capital District.

Additional services: Advantage After-School Programs, Many Happy Adventures Day Care, Community Residential Programs, Child Advocacy Centers, SPOA, Consumer Initiatives, and Representative Payee Services.

For additional information or questions please contact Nancy Deumaga, Community Educator, at
(518) 762-5332 ext. 109 or ndeumaga@mhafm.org

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The Mental Health Association in Fulton & Montgomery Counties is pleased to partner with the [School Mental Health Resource and Training Center](#)

