



The Mental Health Association of Westchester

MHAWESTCHESTER.ORG

580 White Plains Road, Suite 510, Tarrytown, NY 10591
(914) 345-5900

About Us... The Mental Health Association of Westchester (MHA) is a community-based not for profit organization, which is known for its recovery-oriented philosophy and innovative practices. Our mission is to provide direct services, community education and advocacy.

Our Work... MHA offers a comprehensive array of trauma-informed, and person-centered behavioral health services for all ages. In addition to our licensed mental health clinics located throughout the county and beyond, we offer services at locations most convenient for the people we service – in their homes or other sites in the community. Our services include traditional outpatient mental health treatment, family support, peer support, housing, employment and other services.

Treatment and Support Services- We offer an array of clinical services provided by licensed social workers, psychologists, psychiatrists, nurses, mental health counselors as well as by certified peer support specialists and others specialists. We serve children, adolescents, adults and families through individual, family and group therapy, using a range of evidence-based and best practices. Our OnTrackNY@MHA serves young adults experiencing a first episode of psychosis. Many of our services are available at community locations as well as our traditional service sites. **Family Support Services** may be available through a SPOA referral from Westchester county.

Walk-in Services and Support- Our staff can help with an emergent situation, assist with developing a short-term plan as well as connection to needed supports and services. Available without an appointment at our White Plains, Yonkers and Mount Kisco clinics. 914-645-0700, ext. 7350

Services are available in English and Spanish.

Community and Professional Education: We provide professional education on a range of topics as well as community presentations by request. We are authorized by NYS to offer Continuing Education for Licensed Social Workers and Licensed Mental Health Counselors.

To Schedule an appointment at a location convenient to you, call our **Central Scheduler, 914-345-0700 ext 7350**

Clinic locations:

29 Sterling Ave, White Plains, NY 10606

344 Main Street suite 301 Mt. Kisco, NY 10549

300 Hamilton Ave, suite 201, White Plains, NY 10601

20 South Broadway, suite 402, Yonkers, NY 10701

20 George Street, Haverstraw, NY 10927

BOCE'S Educational Resource Center (BERC) @ The Family Resource Center, 131 Midland Ave, North Nyack, NY 10960

To learn more information and referrals:

914-345-0700. Ext. 7303 help@mhawestchester.org

The Mental Health Association of Westchester is pleased to partner with the [School Mental Health Resource and Training Center](#)

