



Mental Health Association in Essex County, Inc.

MHAINESSEX.ORG

6096 NYS Route 9N, Westport, NY 12993

518-962-2077

24-hour HOPELINE 800-440-8074

Shelby@mhainessex.org

The Mental Health Association in Essex County is a non-profit, community services agency with programs designed to support individuals with mental health conditions. MHA works to reduce the stigma around mental illness by providing advocacy and education in the community.

Our programs include the [Wellness & Recovery Center](#), [Self-Help Groups](#), [Employment, Education Assistance](#), [Supported Housing](#), [Outreach](#), [24-hour Hopeline](#) for listening support, [Care Coordination](#), [Home and Community-Based Services](#), [Mobile Crisis Services](#), assistance with establishing community and school Crisis Teams and [Postvention Response](#), as well as [School and Community-Based Training](#) for educators, parents and students. Some MHA programs have qualifying criteria such as age, income, insurance provider, or county residency requirements.

For Employment & Education programs, contact Traci at 518-962-2077 ext. 225 or traci@mhainessex.org.

For all other programs, contact Shelby at 518-962-2077 ext. 101 or shelby@mhainessex.org.

[MHA in Essex County, Inc. on Facebook](#)

[Essex County Suicide Prevention Coalition on Facebook](#)

[MHA in Essex County, Inc. is pleased to partner with the School Mental Health Resource and Training Center](#)

