



Vibrant Emotional Health

VIBRANT.ORG

50 Broadway, 19th Fl, NY, NY 10004

(212) 254-0333

info@vibrant.org

We work with people to help them achieve mental and emotional wellbeing. Our groundbreaking solutions deliver high quality services and support, when, where and how they need it. Our education and advocacy work shifts policy and public opinion so mental wellbeing becomes a social responsibility and is treated with the importance it deserves. We're advancing access, dignity and respect for all and revolutionizing the system for good.

Family Resource Centers - We aim to reduce the isolation and stress of parenting a child with emotional and behavioral difficulties. Vibrant's Family Resource Centers provide support and resources to families who are raising children with mental health needs. Our programs are staffed by family advocates who have shared similar experiences and succeeded in navigating the complexities of the child service system. Specially trained youth advocates work with enrolled young persons to help them make a successful transition to adulthood. The program provides services free of charge any parent or caregiver of a child under 18 with emotional or behavioral health issues in New York City. We also provide services to youth up to age 24 who could benefit from additional emotional or behavioral support. All services are offered in English, Spanish, Mandarin, and Cantonese.

Adolescent Skills Centers - At Vibrant's Adolescent Skills Centers, we prepare youth with emotional and behavioral challenges to succeed in the world of work through comprehensive vocational training and supportive educational programs. By helping youth and young adults develop skills that will sustain them throughout adulthood, we prepare young people to find and retain employment, continue their development with training programs, and pursue secondary and higher education goals. We have a proven track record of helping youth further their education and obtain competitive employment. Participants receive individually tailored vocational plans that explore their interests, strengths, and job readiness. These plans include vocational skills development, labor market forecasts, individual job coaching, internship placement, and more. The program serves young people ages 16-21 who have emotional and behavioral challenges that interfere with school or finding and keeping a job.

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Vibrant Emotional Health is pleased to partner with the [School Mental Health Resource and Training Center](#)

