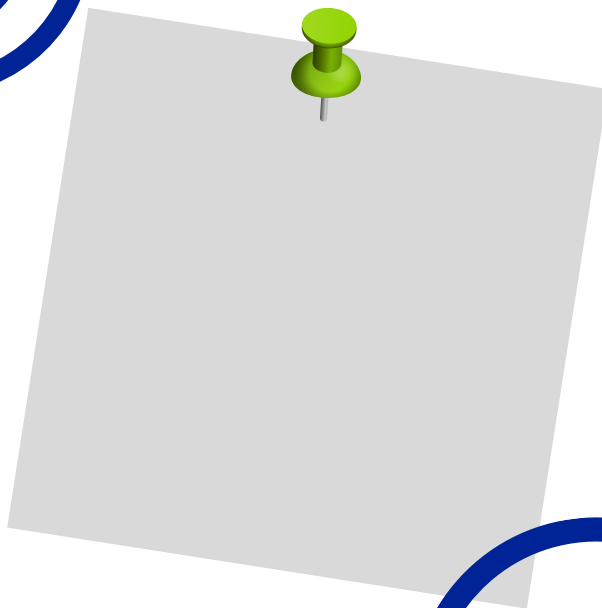
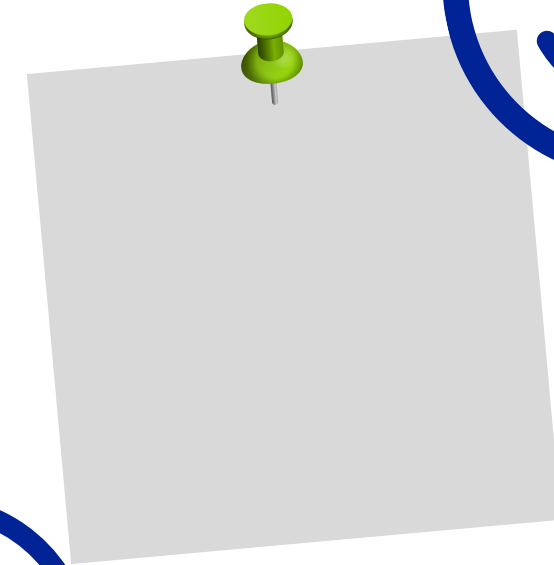


May is Mental Health Awareness Month



**HOW DO YOU
PRACTICE SELF-CARE?**

