



Mental Health Association in New York State, Inc.

Kindness Cards

Cut out the cards, decorate them (*or not*), and place them in spots others may see them.

<p>I hope this brightens your day! <i>Thinking of you today.</i></p>	<p>You're doing a great job! <i>Thinking of you today.</i></p>	<p>You are making an impact on the world! <i>Thinking of you today.</i></p>	<p>Thank you for being you! <i>Thinking of you today.</i></p>
<p>You are enough! <i>Thinking of you today.</i></p>	<p>You are appreciated! <i>Thinking of you today.</i></p>	<p>I believe in you! <i>Thinking of you today.</i></p>	<p>Thank you for being you! <i>Thinking of you today.</i></p>
<p>I hope this brightens your day! <i>Thinking of you today.</i></p>	<p>You're doing a great job! <i>Thinking of you today.</i></p>	<p>You are making an impact on the world! <i>Thinking of you today.</i></p>	<p>Thank you for being you! <i>Thinking of you today.</i></p>
<p>You are enough! <i>Thinking of you today.</i></p>	<p>You are appreciated! <i>Thinking of you today.</i></p>	<p>I believe in you! <i>Thinking of you today.</i></p>	<p>Thank you for being you! <i>Thinking of you today.</i></p>

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