



Mental Health Advocates of WNY

MHAWNY.ORG

999 Delaware Avenue, Buffalo, NY 14209

(716) 886-1242

info@mhawny.org

At Mental Health Advocates of WNY (MHA), our mission is to promote mental health and wellness in our community and support individuals and families challenged by mental illness.

Below you can find a list of trainings and services we provide:

Basic Emotional Skills Training (BEST): Classroom-based program for Pre-K through Grade 2 taught by MHA educational specialists to develop social and emotional skills.

Mary Lou Montanari, (716) 886-1242 x 338, montanari@mhawny.org

Child and Family Support Program (CFSP): A family and youth peer-run program that helps families navigate the healthcare system and offers a variety of support programs, advocacy and respite for caregivers of children ages 4-17 years of age. Youth peer advocates facilitate one-on-one and group support for teens and young adults.

Jenny Laney, (716) 886-1242 x 313, laney@mhawny.org

Information & Referral Services: a phone line that links people in need with appropriate community resources and services.

(716) 886-1242, info@mhawny.org

JustTellOne.org: A peer-to-peer prevention and early intervention public awareness campaign focusing on depression, suicide, alcohol abuse and drug abuse aimed at young people ages 14-26.

(716) 245-6JT1 (6581), JT1@JustTellOne.org

[Mental Health Advocates of WNY](#) is pleased to partner with the [School Mental Health Resource and Training Center](#)

