



Resource Brief

Red Flags National

Website:

<https://www.redflags.org/>

Promotional video:

<https://onedrive.live.com/?authkey=%21ANIugiWMvGEa6-M&cid=2FFBD68E26E29786&id=2FFBD68E26E29786%2122518&parentId=2FFBD68E26E29786%215603&oneup=OneUp>

Grade Level:

K-8

Time:

- Typically completed in 3 class periods
- Flexible

Cost:

- \$300 for Complete Toolkit
- Variable cost for individual materials

Additional supports:

- Teacher notes
- Educator training at \$25 per person. Training is usually for 4 hours.
- Developing training of regional coaches

Summary

Red Flags National is a non-profit based in Ohio that provides an effective, evidence based toolkit to enhance mental health literacy of students. Specifically:

- Reducing the stigma of mental illness
- The recognition of signs and symptoms of mental illness
- Knowledge of coping mechanisms and how to ask for help
- Promotion of positive mental health habits

To achieve their objectives, they equip schools with a toolkit that consists of a mental health checklist form and instructional materials for teachers and other school staff, materials to inform and involve parents/caregivers, and a video-based curriculum for students, including handouts and worksheets. Per the Red Flags website, it's stated they promote the above information through their Four Pillars of the Framework:

- An informed school staff
- Informed students
- Informed parents
- A protocol unique to each school for identifying, referring, and making accommodation for students with mental health concerns.

Considerations

Red Flags curriculum can be facilitated in an assembly style, however, it is MHANYS suggestion that it be conducted within the classroom setting to enhance student learning of the material, maintain safety and promote discussion.

The toolkit can be implemented without a training, but schools can request a training by contacting the organization.