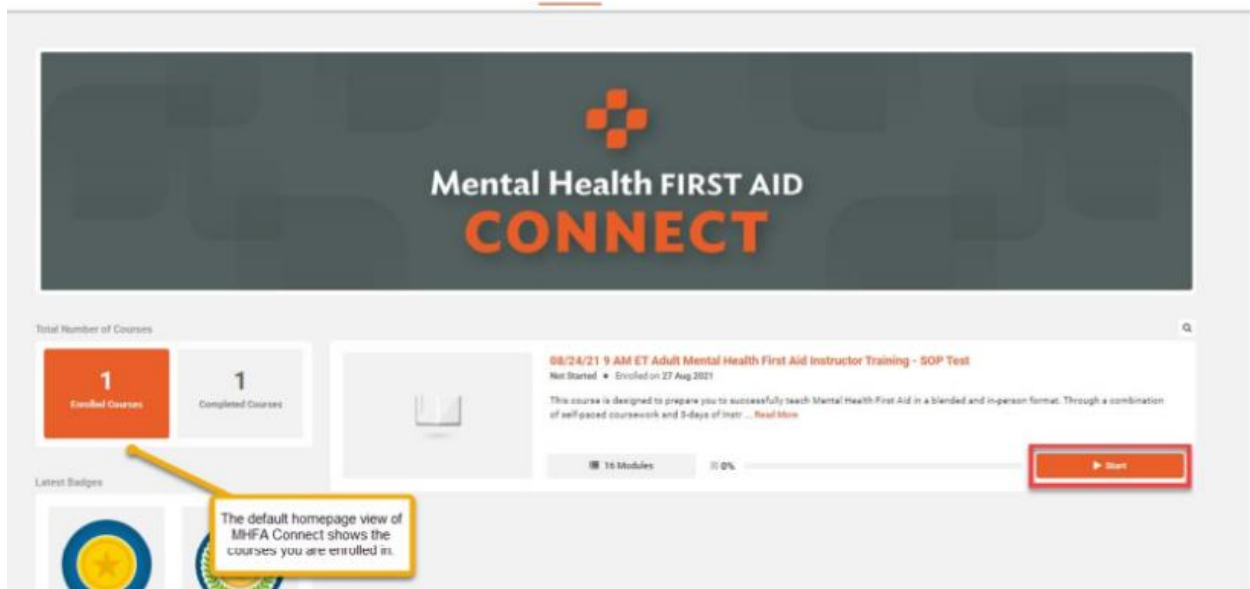


MHANYS Youth Mental Health First Aid Pre-Work Guide

Once enrolled in MHFAConnect, you will need to complete your pre-work in order to be eligible for the Instructor-Led Training. Please email us at ymhfa@mhany.org with any questions or concerns.









Following is an example screen in MHFAConnect. Find your enrolled course to begin a review of the course description and learning objectives. Click Start, (top right corner of the page) to start the first module, Welcome to Mental Health First Aid.



To continue to the pre-work module, select Next Module (top right corner). You cannot advance to the next module until you have completed the current module. **Modules #1-9 must be completed for the pre-work.**

Please read through the First Aider Course Instructions and proceed to the Youth Mental Health First Aid Pre-Evaluation. Questions will be asked regarding curricula and what will be reviewed in the course and is not graded.

Next, proceed to the Youth Mental Health First Aid Opinions Quiz, which takes 10-15 minutes to complete.

-  **1. Welcome to Mental Health First Aid**
Not Started · Module
-  **2. First Aider Course Instructions**
Not Started · Module
- 3. Youth Mental Health First Aid Pre-Evaluation**
Not Started · Survey
- 4. Youth Mental Health First Aid Opinions Quiz**
Not Started · Survey
-  **5. Youth MHFA First Aider Self-Paced Course**
Not Started · SCORM
-  **6. Youth MHFA Participant Manual**
Not Started · Module
-  **7. Self-Care Plan Template**
Not Started · Module
-  **8. Exit Ticket**
Not Started · Module
-  **9. Youth Mental Health First Aid Participant Processing Guide (PPG)**
Not Started · Module
-  **10. Instructor Led Session**

Once completed, proceed to the Youth Mental Health First Aid-Self-Paced Course. This course provides you with the baseline knowledge which will be reviewed and built upon in the Instructor led training (ILT). This will take up to 2 hours to complete and can be completed over multiple sessions.

If you would like to confirm the completion of your pre-work prior to the deadline or have any questions, please do not hesitate to email us at yhfha@mhanys.org.