

YMHFA Readiness Guide

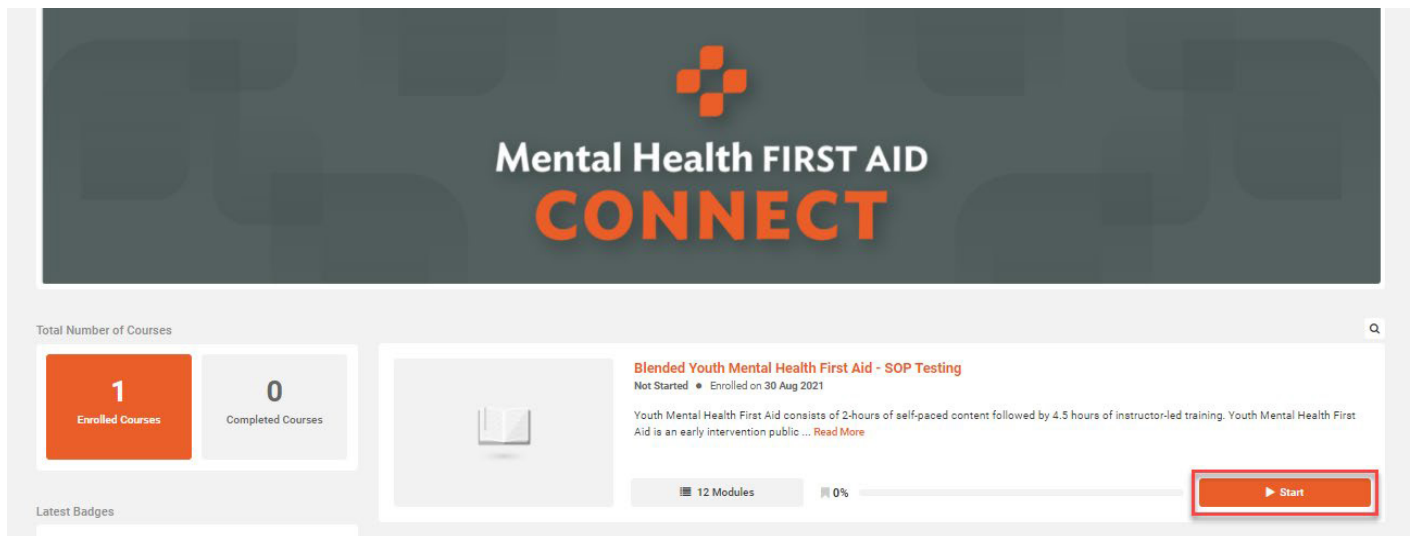
Thank you for signing up to be a link to care in New York State! We are continuing to meet the needs of New York State communities to increase mental health literacy and awareness at this critical time.

YMHFA Readiness: Start Pre-Work!

First, log into your account.

- Access your account in [MHFA CONNECT](#).
- Log into your account by using your email and the temporary password which is case sensitive: **Mhanys_YMHFA2022!**
- Once prompted, please change your password.

You will be taken to your home page in MHFA Connect. Click the START button under the enrolled course to review of the course description and learning objectives.



Total Number of Courses

1 Enrolled Courses

0 Completed Courses

Blended Youth Mental Health First Aid - SOP Testing

Not Started • Enrolled on 30 Aug 2021








Youth Mental Health First Aid consists of 2-hours of self-paced content followed by 4.5 hours of instructor-led training. Youth Mental Health First Aid is an early intervention public ... [Read More](#)

12 Modules 0%

Start

On the next page, select Start in the top right corner of the Course Description page to continue to the First Module.

After you complete each module, select NEXT MODULE in the top right corner. You can not advance to the next module until you have completed the current module. Modules #1-9 must be completed for the pre work to be finished.

 1. Welcome to Mental Health First Aid Module
 2. First Aider Course Instructions Module
<input checked="" type="checkbox"/> 3. Youth Mental Health First Aid Pre-Evaluation Survey
<input checked="" type="checkbox"/> 4. Youth Mental Health First Aid Opinions Quiz Survey
 5. Youth MHFA First Aider Self-Paced Course SCORM
 6. Youth MHFA Participant Manual Module
 7. Self-Care Plan Template Module
 8. Exit Ticket Module
 9. Youth Mental Health First Aid Participant Processing Guide (PPG) v. 2.0 Module

Module 1:
Welcome

Module 2:
Please read through the First Aider Course Instructions and proceed to the YMHFA course.

Module 3:
First Aid Pre-Evaluation. Questions will not be graded. Takes up to 15 minutes to complete.

Module 4:
Proceed to the YMHFA Opinions Quiz, takes 10-15 minutes to complete.

Module 5:
Once completed, proceed to the YMHFA Self-Paced Course. This course provides you with the baseline knowledge which will be reviewed and built upon during the live zoom with instructor.

Takes approximately 2 hours to complete and can be completed over multiple sessions.

Module 6, 7, 8 and 9:
Course Prep. Download materials, takes 5 min.

Next Steps:

- **Attend the class via Zoom with live instructors on the date of training. MHANYS will send you a calendar invite.**
- **This training requires post-work MHFA CONNECT. Your instructor will give you information on next steps.**



Thank you for being a link to care in New York State!