



**Resource Guide:
Co-Occurring Disorders;
A Conversation about Mental
Health and Substance
Misuse/Addiction.**

The Mental Health Association in New York State, Inc. (MHANYS) is committed to supporting the mental health and wellness of youth and families with resources and information, including those available through the School Mental Health Resource & Training Center (Resource Center). The Resource Center was established to help schools implement a NYS law requiring mental health instruction as part of the K-12 curriculum.

Helpful Resources

<p>The Harris Project The Harris Project supports the prevention of co-occurring disorders (COD) through our CODA (Co-Occurring Disorders Awareness) peer-led model and the development and implementation of best treatment practices (including the building of a co-occurring system of care) to meet the complex needs of the individual.</p>	
<p>MentalHealth.gov Provides one-stop access to U.S. government mental health and mental health problems information. Mental Health and Substance Use Co-Occurring Disorders MentalHealth.gov</p>	
<p>National Institute of Mental Health (NIMH) The lead federal agency for research on mental disorders. NIMH » Substance Use and Co-Occurring Mental Disorders (nih.gov)</p>	
<p>Substance Abuse and Mental Health Services Administration (SAMHSA) Agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation. Learn about the co-occurring disorders and other health conditions which can occur in people in medication-assisted treatment (MAT) for substance use disorders. Co-Occurring Disorders and Other Health Conditions SAMHSA Mental Illness and Substance Use in Young Adults The Case of Screening and Treatments of Co-Occurring Disorders</p>	

<p>Co-Occurring Disorders Youth.gov U.S. government website that helps you create, maintain, and strengthen effective youth programs.</p>	
<p>Centers for Disease Control and Prevention (CDC) CDC is the nation's leading science-based, data-driven, service organization that protects the public's health. High-Risk Substance Use Among Youth</p>	
<p>National Institute on Drug Abuse (NIDA) NIDA is the lead federal agency supporting scientific research on drug use and addiction. Part 1: The Connection Between Substance Use Disorders and Mental Illness National Institute on Drug Abuse (NIDA) (nih.gov)</p>	
<p>Psychology Today - Co-Occurring Disorders</p>	
<p>Mental Health America (MHA) - Co-Occurring Disorder and Youth</p>	
<p>Surgeon General - The Surgeon General's Spotlight on Opioids</p>	

Visit us at mentalhealthEDnys.org, call (518) 434 - 0439, or contact us directly at schools@mhanys.org.