





Children with Disabilities and Mental Health

The Mental Health Association in New York State, Inc. (MHANYS) is committed to supporting the mental health and wellness of youth and families with resources and information, including those available through the Mental Health Resource & Training Center (Resource Center). The Resource Center was established to help schools implement a NYS law requiring mental health instruction as part of the K-12 curriculum.

<p>Autism Research Institute</p>	
<p>Find a Mental Health Program Search for mental health programs in your community by using the Find a Program feature on the NYS Office of Mental Health website.</p>	
<p>988 - Individuals with Neurodivergence</p>	
<p>Parent to Parent of NYS Connect with a parent/caregiver of someone with the same or similar disability or special health care need – someone who has “been there.”</p>	
<p>Stopbullying.gov - Bullying and Youth with Disabilities and Special Health Needs</p>	

Visit our website [mentalhealthEDnys.org](https://www.mentalhealthEDnys.org) to explore more helpful resources, webinars, and guides. Join our Newsletter and receive updates to your inbox. Need additional support? Contact us directly at schools@mhanys.org or call 518 - 434 -0439.